

Strive Centre

New Virtual Program

Starting May 6th, 2020

What: Dance Fitness with Gustavo

When: Wednesdays from 11am-12pm

Gustavo Ferman is a dance coach and entertainer with over 30 years of experience. Gustavo loves to inspire and motivate people of all abilities to move, laugh and dance in a fun and interactive way.



Gustavo mixes Latin music with Disco, Hip-hop, Swing, and more.