

February Announcements 2020

REAL TALK PRESENTATION

Thursday February 6th

12pm-2:30pm

Join the conversation about dating, love, relationships and sex

Pizza will be provided

DANCE WITH GUSTAVO "KING OF ENTERTAINMENT"

Wednesday February 26th

11am-12pm

COMMUNITY OUTING @ VANCOUVER ART GALLERY

Thursday February 13th

Please sign up with Dani

Cost: \$10-15 (for lunch)

No programming or lunch will be provided this day

SPECIAL GUESTS

YOGA AND MEDITATION LEADERS
FOR "STRETCH & STRENGTH"

Fridays

11am-12pm

PARTICIPANT MEETING AND PIZZA LUNCH

Thursday February 27th

12pm-1pm

MUSIC WITH STERLING

Tuesdays

3pm-5pm: 1:1 music

LUNCH OUTING

Tuesdays

Please sign up with Sarah

Cost: \$7

LUNCH OUTING @ SUNFLOWER BUBBLE TEA HOUSE

Thursday February 20th

Please sign up with Sarah

Cost: \$15

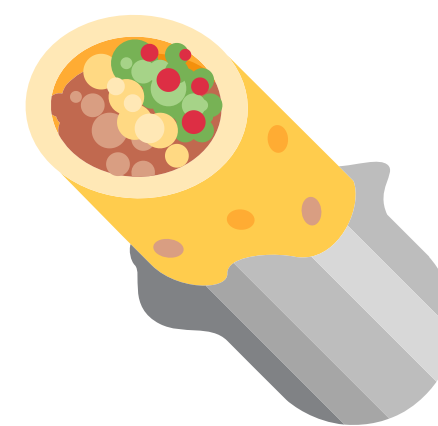
COMMUNITY KITCHEN

MONDAYS: build your own lunch (11:15am-1pm)

TUESDAYS: community lunch outing (12-2pm)

WEDNESDAYS: build your own lunch (11:15am-1pm)

THURSDAYS: lunch outing (12pm-2pm)



INTERNATIONAL CUISINE FRIDAYS

11:15am-1pm

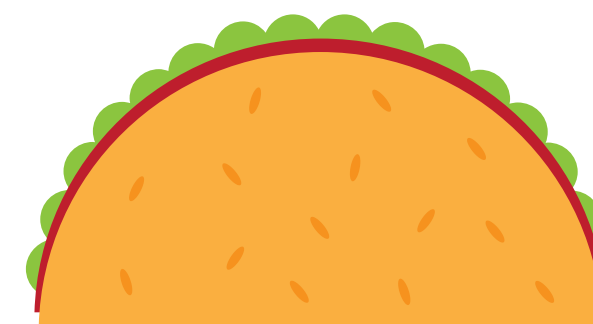
Work together with Sarah to make the following meals:

February 7th: Tacos & Mexi Tots

February 14th: Lasagna Cups

February 21st: Spanakopita

February 28th: Pad Thai



BAKING

Thursdays 1pm-2pm

February 20th: Mini Cheesecakes

February 27th: Birthday Cake Cookies

No programming on February 6th & 13th due to special events

