

January Announcements 2020

STRIVE CENTRE WILL BE CLOSED JANUARY 1st FOR

NEW YEARS DAY!

COMMUNITY KITCHEN

MONDAYS: community lunch outing (11:30am-1:30pm)

TUESDAYS & WEDNESDAYS: build your own lunch (11:15am-1pm)

THURSDAYS: lunch served (12pm-1pm) or lunch outing (12pm-2pm) **check schedule

New!

LUNCH OUT AT GATHERING PLACE CAFETERIA

Every Monday

Please sign up with Sarah
Please bring \$2.75; menu changes weekly



LUNCH OUT @ KYLE'S CAFE

Friday January 3rd

Please sign up with Sarah
Please bring \$15



COLLINGWOOD COMMUNITY LUNCH

Thursday January 9th

Please sign up with Sarah
Please bring \$7



BAKING

Thursdays 1pm-2pm

January 2nd: chocolate corn starch pudding

January 9th: country apple dumplings

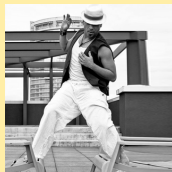
January 16th: red velvet cupcakes with cream cheese frosting

January 30: lemon cookies

NO PROGRAM RUNNING ON JANUARY 23rd



SPECIAL EVENT



DANCE WITH GUSTAVO

'King of Entertainment'
Wednesday January 22nd
11am-12pm

SELF CARE FRIDAYS

Every Friday from 2pm-3pm

(Replacing What the Tech?)

Take an hour out of your busy day to do something just for you. Various topics will be explored including mindfulness, setting boundaries, personal projects and so much more.

New!



COMMUNITY OUTING @ EXTREME AIR TRAMPOLINE PARK

Thursday January 23th

Cost: TBD

Please sign up with Dani

no programming or lunch will be provided this day

PARTICIPANT MEETING AND PIZZA LUNCH

Thursday January 30th

12pm-1pm



WE NO LONGER WILL BE HOLDING BREAKFAST CLUB- INSTEAD GRANOLA WILL BE AN OPTION EVERYDAY FOR BREAKFAST

MUSIC WITH STERLING

Tuesdays

3pm-4pm: group jam

4pm-5pm: 1:1 music

