

ANNUAL REPORT 2016



2016 PRESIDENT'S REPORT

This year Strive has continued to grow while upholding our mission and vision. We have focused on streamlining our existing programs and creating a promising foundation for our newest programs, Hybrid Supported Home Share and Community Home Care. We strive to address the needs of the population and improve their quality-of-life. This means learning, adapting, and taking action to create flexible and comprehensive programs that empower individuals to succeed.



We are currently increasing awareness of Strive Living Society through consistent branding, social media initiatives, communications, and participating in a variety of pertinent events. This year we made the successful transition to an online newsletter, were awarded a Google AdWords Grant, improved and updated our website, and began incorporating search engine optimization (SEO) in order to increase traffic to our website.

We are also making an effort to share, whenever possible, the success stories of our participants and promote the many remarkable events happening at our family of Strive Centres. These events include a dazzling range of initiatives; themed art shows, handing out sandwiches and reflective gear in the Downtown Eastside, our annual Acquired Brain Injury Awareness Barbecue, and participating an array of community events.

Other ventures of 2016 include the expansion and renovation of Strive Centre Footprints in North Vancouver and the opening of Strive Centre Pinetree in Coquitlam. Footprints is currently in the process of being updated to create a cozy, welcoming environment with new furnishings. This renovated and expanded location has room for eight additional clients. Strive Centre Footprints and Pinetree are part of a specialized Program which provides both community-based and home-based activities and supports for adults with various abilities.

Over the past ten years, Strive has expanded its Residential and Community Integration Programs to meet the needs of the individuals they serve. This year our programs served approximately 500 individuals of all ages and backgrounds.

Finally, we wish to take this opportunity to give our most heartfelt thanks to our dedicated team of staff, volunteers, and our board of directors. Our collective efforts have fostered increased respect, independence, purpose, and ability throughout Strive and its participants. Above all, we wish to recognize the remarkable individuals who utilize our programs. – Kyle Takeuchi, President

OUR MISSION To partner with individuals of diverse abilities to lead healthy, fulfilling lives by providing a foundation of support.

OUR VISION Building a continuum of services to support the needs of individuals at every stage of life.

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BOARD OF DIRECTORS

Kyle Takeuchi, President
Andrew Brown, Treasurer
David Henry, Secretary
David Christie
Kerry-Anne Horgan
David Lee-Young



SUCCESS STORY: STROKE RECOVERY AND RETURN HOME

One of Strive’s participants, James, has completed his rehabilitation in our Assisted Independent Living (AIL) Program and has returned home to his apartment. He spent six months living with his wonderful and supportive care provider, Ola.

James operated a forklift for 35 years until one morning he had a stroke and doctors told him he would be in a wheelchair for the rest of his

life. James eventually reached out to Strive and became part of AIL. This program takes each individual’s needs into account and finds homes that are the ideal match for both the home share provider and individual in service. James was shown several homes and chose Ola’s because they hit it off immediately and he got along well with her children. They shared a love of food, the location was ideal, and it also had easy access for his family to visit.

James can now walk to the Yale Road Centre and back, a journey of about 70 minutes. Since the start of the program, James has lost 80 pounds and is now a healthy weight. He began cooking once a week for his care provider’s family and started introducing new dishes. After some practice, he began cooking all his meals and grocery shopping independently. Ola supported him throughout his stay by assisting him with transportation and encouraging visitors.

James volunteers at a Stroke Recovery Group because he wants to give people hope and share his humbling recovery experience. “I want to tell them that yes, it’s hard now, but you can work on it and it will get better. You have to have patience. I realized it was part of the journey.”



STRIVE CENTRES OF GREATER VANCOUVER AND POWELL RIVER

In order to increase awareness of Strive and foster consistency, our current adult day program Centres are being re-branded to promote all of Strive. This is part of an initiative to promote our organization throughout the Lower Mainland and Powell River.

Re-branding efforts are evident in the new signage and window decals at our Strive Centres and will be reflected in future marketing materials. Moving forward, we will continue to foster brand familiarity and promote programs through our existing Centres in East Vancouver, New

Westminster, North Vancouver, Powell River, and Coquitlam, as well as any future locations.

Strive’s satellite office in the picturesque town of Powell River relocated in 2016. This move provides more space for administrative operations, as well as a venue for a thriving Strive Centre. It’s also a home base for their Supported Independent Living (SIL) and Community Home Care Program. This Centre features a games room, spacious kitchen, full accessibility, and a very central location on Joyce Avenue. A mosaic of cooking, arts, and recreation programs are currently offered.

PROGRAM SUMMARIES

PROGRAM NAME	DESCRIPTION	PEOPLE SERVED	PRIMARY FUNDERS
Residential Home Support Program	The residential home support Program operates group homes throughout the Lower Mainland. Each home provides staffed services for two to six individuals, based on their various abilities, needs, and support preferences. Individuals served may have an acquired brain injury, physical and developmental disabilities, and behavioral and/or complex medical health care needs. Homes are wheelchair accessible and well-supplied with adaptive equipment. This program is our longest-standing program, having been established with the founding of Windsong House in 1988.	23	CLBC and FHA
Strive Centre Footprints North Vancouver and Strive Centre Pinetree Coquitlam	Strive Centre Footprints and Strive Centre Pinetree are specialized day Programs which provide both community-based and home-based activities for adults with developmental disabilities. The programs offered are individualized and consider each person's diverse abilities. The Society enriched the program in 2013 by opening a Centre in North Vancouver, providing a base of operations for the group of participants. Strive Centre Footprints was recently expanded and renovated to create the best possible environment for members. In September 2016, Strive Centre Pinetree opened in Coquitlam, providing the same services as our North Vancouver Centre.	26	CLBC
Assisted Living	The Assisted Living Program operates two 20-unit buildings in Surrey and Burnaby with fully accessible one bedroom suites, bathrooms, living rooms, and kitchens. Each building offers hospitality and personal assistance services to adults (aged 19 to 55) with physical disabilities. Tenants live independently but may require regular assistance from staff for daily activities. The program provides meals, access to 24-hour care and nursing assistance, as well as recreational opportunities. The core principles of assisted living are choice, privacy, independence, individuality, dignity, and respect.	45	FHA, BCH
Supported Independent Living	The SIL Program supports children, youth, and adults with various needs in their homes and local communities. SIL is individualized and provides one to one staffing to support each participant while achieving their identified goals. The services offered include support with activities of daily living, household organization and scheduling, in-home medical support, community or vocational integration, assistance finding housing, navigating the forensic system, behavioral supports, life skills development, employment, and community engagement. SIL workers can follow rehabilitation-intensive programs, ensuring that the individual is working towards maximum independence. This program operates in the Lower Mainland and Powell River.	63	VCH, CLBC, PGT, ICBC
Children and Youth Resources	The Society provides staffed residential homes for children and youth with various abilities and behavioural challenges. The homes are highly specialized and designed around their individual necessities. CYS has homes and specialized resources located throughout the Lower Mainland and Powell River for children and youth with special physical, emotional, or behavioural needs. Homes typically accommodate one or two children or youth.	14	MCFD, Ayas Men Men Child and Family Services, VACFSS
Children and Youth Family Care Homes	Similar to the Assisted Independent Living Program, this program pairs contracted support families with an individual in need of support. Strive uses a foster care model but can accommodate children and youth with very extensive support needs. A child/youth lives with a family or caregiver in a home in the community. They participate in family activities and are integrated into the community. All of our families and caregivers are qualified to provide a high standard of care, support, and supervision.	32	MCFD, ICBC, VACFSS
Children and Youth One to One Support	The CYS One to One Support Program provides one to one or small group staffed services in homes and the community. Children and youth are encouraged to develop life skills, participate in recreational activities, and receive assistance with everyday living tasks.	13	MCFD, ICBC, VACFSS
Strive Centre Headway New Westminster	Strive Centre Headway is a community-based recreational and social Program that provides both individualized and group activities for individuals with acquired brain injury. The Centre has both drop-in and scheduled programs and is a venue for people with an acquired brain injury to access social, recreation, wellness, and leisure activities. Members of the Centre work alongside staff, while utilizing their abilities and strengths to complete a wide array of activities. By doing this the members build self-confidence, become more independent, regain and develop skills, and achieve their personal goals.	151	FHA

PROGRAM SUMMARIES

PROGRAM NAME	DESCRIPTION	PEOPLE SERVED	PRIMARY FUNDERS
Assisted Independent Living	The AIL Program is one of the Society's most wide-reaching endeavors and provides services to well over a hundred persons. We screen and match contracted care providers and accommodations to individuals with acquired brain injury, mental health diagnosis, physical and medical healthcare needs, and developmental disabilities. Care providers offer shared accommodation settings or a full separate suite. Supports are individualized, so how the service is delivered is unique for each person. AIL's goal is to assist individuals to live independently.	132	FHA, VCH, CLBC, WCB
Community Leisure Programs	The Community Leisure Program is a community-based recreational and social program providing individualized and group activities for adults with acquired brain injury. It is based out of New Westminster and Surrey. The Community Leisure Program has scheduled programs that aim to assist participants in working towards their social, leisure, recreation, and wellness goals.	36	FHA
Strive Centre Powell River, Family Care, One to One Support, Residential	Many Society programs such as Residential, AIL, SIL, Community Home Care, and the new Strive Centre Powell River operate out of this satellite office and Centre. This location provides a range of services throughout the Sunshine Coast, from Gibsons to Powell River. Strive Centre Powell River opened in July 2016, after the office relocated to a more spacious building.	26	CLBC, VCH, MCFD
Strive Centre Vancouver	Strive Centre Vancouver is a multi-service Centre located in East Vancouver. It offers a variety of services and activities for adults with diverse abilities. It engages individuals, helping them access community opportunities that inspire healthy development, socialization, well-being, and active lifestyles. An array of programs are available on both a registration and drop-in basis. Once an individual is accepted into the Strive Centre, they collaborate with the Recreation Therapist and Case Manager to develop a service plan, identifying goals to work towards. From there, individuals create personalized schedules from their chosen programs and activities. Meetings are held on an ongoing basis in order to review progress towards achieving those goals. This Strive Centre opened in June 2015.	130	CLBC, VCH + Private
Hybrid Supported Home Share	This program is a blend of Supported Independent Living supports and Assisted Independent Living housing. Hybrid provides a warm, family home environment with additional one to one staff supports that are customized to suit each individual's unique needs. One to one staffing is gradually reduced based on their acquisition of life skills and their ability to demonstrate independence. The Hybrid program addresses the need for varying levels of care and supports in a cost-efficient manner. Hybrid develops a model of independence and inclusion for supported individuals.	8	CLBC, VCH
Strive Community Home Care	CHC's goal is to enable adults and seniors to live independently at home for as long as possible. This program is available for anyone who would like to maintain independence at home but requires additional support. The services offered include, but are not limited to, assistance with Activities of Daily Living (ADL's), personal care, wound care, foot care, meal preparation, light housekeeping, companionship, driving to and from appointments, medication reminders, and nursing services. CHC's team includes qualified staff; licensed care aides and nurses who are registered in professional regulatory bodies. Staff are multilingual and are experts in palliative care, Alzheimer's, dementia, mental health, and ABI support. Services are currently offered throughout Greater Vancouver and Powell River.	5	Private Pay



THANK YOU TO OUR 2015 FUNDERS

Community Living BC
 BC Housing
 Fraser Health Authority
 Insurance Corporation of British Columbia
 Ministry of Children and Family Development
 School District 47
 Vancouver Coastal Health Authority
 Vancouver Aboriginal Child and Family Service Society
 WorkSafeBC
 Crime Victims
 Public Guardian and Trustee of British Columbia
 Ayas Men Men

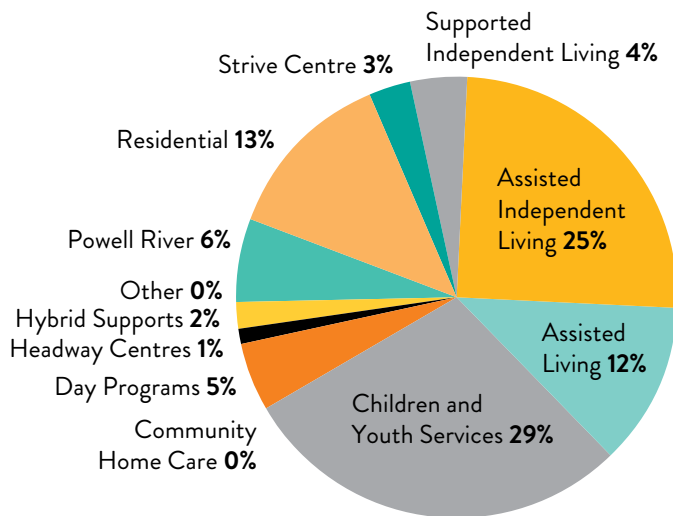
STRIVE'S HEAD OFFICE RELOCATION

Strive is continuing to expand and in order to accommodate future growth, the head office will be relocating to Burnaby. The move to 4370 Dominion Street, just 10 kilometers west of our current location, will take place in November 2016. The new office, occupying the entire fifth floor, features nearly 12,000 square feet of space. This allows for a sizeable training room and a streamlined, accessible environment. There are windows on all sides, providing natural lighting and a vibrant, welcoming atmosphere.

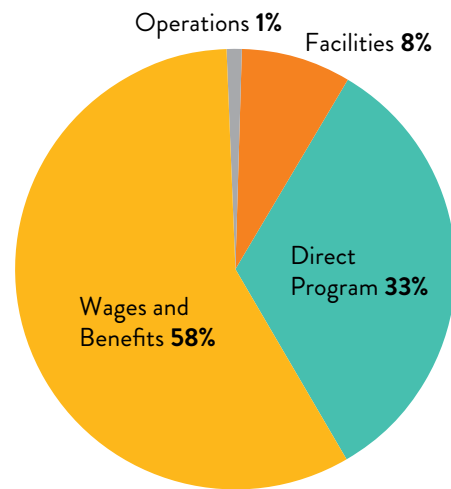
We look forward to our move to the municipality of Burnaby and forging exciting partnerships in the years to come.

FINANCIAL SUMMARY

Revenue from operations
\$22,677, 235 (audited)



Expenses from operations
\$22,742, 080 (audited)



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Accredited Programs